

Lab Exchange Program Details

The *Canadian Sleep Research Consortium* is a national hub of sleep scientists and clinicians advancing research and interventions to optimize sleep health throughout the lifespan.

By fostering new partnerships between academia, government, industry, and community-based organizations, we aim to catalyze the translation of sleep sciences and technology into practice and health promotion initiatives for diverse communities.

Program Deliverables

The Consortium Lab Exchange Program aims to establish partnerships focused on training, in particular skills development and technology transfer, as well as strengthen connections between Consortium members and partners.

Exchanges are expected to benefit the participating students & trainees with their professional development through specialized skills development, while seeing different perspectives, and building their network of collaborators.

When/how will I find out if my laboratory exchange was funded?

To meet the dynamic needs of the Consortium, this competition will be launched several times during the year. Please see the competition timelines and notice of decisions below. We encourage you to apply at least several months before the planned travel will take place.

Competition timelines for 2023-2024

Launch Dates	Deadlines	Notice of Decision
September 21, 2023	December 13, 2023	Mid-January 2024
January 25, 2024	April 10, 2024	Mid-May 2024
May 23, 2024	August 14, 2024	Mid-September 2024

Eligibility

The Lab Exchange Program is open to all graduate students and post-doctoral fellows training under the supervision of a Consortium member. The partnering research group must provide specialized skills training or technology transfer. If you are unsure about your eligibility, please contact Anne Van Dam, Managing Director at sleepconsortium@uottawa.ca.

Specific Terms of the Award

The total amount available for this funding opportunity is \$7,500 (2-3 exchanges per year with a maximum of \$3,000 per application). This amount may increase if additional funding partners participate. These proposals are intended to fund visit(s) to the hosting lab. Successful applicants will receive funding for travel, accommodation, and meals for the duration of the exchange.

Lab exchanges must be a minimum of 1 week in duration (no maximum limit) and completed within a year of funding notification.

The award will be transferred to the candidate directly.

Post-Exchange Deliverables

A short report of the laboratory exchange experience with photos will be requested for the Consortium's website. These posts will be used to share our members' stories and encourage other trainees to enroll in the lab exchange program.

Application Procedure

The application form can be completed, and documents uploaded online at:
https://uottawapsy.az1.qualtrics.com/jfe/form/SV_6kSxev476VFiVvg.

Letters of reference must be e-mailed directly by the referees to sleepconsortium@uottawa.ca, attention of: Anne Van Dam, Managing Director of the Canadian Sleep Research Consortium.

Checklist of Required Documentation:

- Completed Lab Exchange online application form including:
 - budget
 - uploaded Curriculum Vitae
 - A summary of the research project that this exchange will contribute to. (Max. 1000 characters)
 - A description of the procedure, skill and/or technology that the candidate will be learning during their exchange. In this section, please justify the length of the lab exchange and align it with the proposed budget. (Max. 1000 characters)
- Letter of support from Current Supervisor sent to the Consortium email: sleepconsortium@uottawa.ca
Include complete contact address, phone number and email address.
 - In addition to providing an appraisal of the student/trainee, this letter should also aim to answer the following questions:
 - *How will the learned procedure, skill and/or technology benefit the lab and why is it important to the proposed research project?*

- *How will the candidate disseminate this knowledge upon their return?*
- Letter of support from Partnered Investigator (host) sent to the Consortium email: sleepconsortium@uottawa.ca
Include complete contact address, phone number and email address.
 - This letter should aim to answer the following questions:
 - *What is the prospective training that will be provided during the exchange?*
 - *What human and material resources will be available to support the candidate's learning?*